

**DISTRICT
204**

MENTAL HEALTH
SYMPOSIUM



SATURDAY, MARCH 4

PRESENTED BY:



Mental Health and Law Enforcement Response

presented by

Theresa Stock & Ali Smith
Naperville Police Department



Mental Health and Law Enforcement Response

Naperville Police Department Social Services Unit





Police Social Worker Ali Smith, MSW, LSW, CTP

Licensed Social Worker
DuPage M.E.R.I.T. / Mental Health Advisor

Social Services Department

JAMIE HORNER LCSW,
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POLICE SOCIAL
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EIRENE BOULOUGOURIS
LCPC, CDVP
POLICE COUNSELOR



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LCSW, CDVP
POLICE SOCIAL WORKER



ALI SMITH LSW
POLICE SOCIAL WORKER



Informally assess and evaluate the emotional well-being of individuals; this can occur before, during or after police contact.

Make referrals, collaborate and consult with other community agencies.

Conduct short-term crisis counseling ultimately leading to referrals; this can be accessed on a 24 hour basis as requested by the Department.

Assist police with death notifications, critical incidents, and/or traumatic events.

Victim, witness, and/or court advocacy.

Internal Critical Incident Stress Management Services.

Provided training to the Department as needed on social service related topics.

Other supportive services as needed; as a crisis-oriented agency, we expect the unexpected!

Services are free and confidential, except for instances of mandated reporting. No police report is required for assistance.

Social Services General Responsibilities

What is Police Social Services?

Social Services and Police

Police Social Services Introduction:

- ❑ **1970** Illinois Law Enforcement Commission with Wheaton and Niles funded the Police-Social Service Project sponsored by the Jane Addams School of Social Work
- ❑ Once concluded, each community continued to operate their own unit, funded independently with spreading appeal
- ❑ Currently there are **45 departments** in the Chicagoland area with social service clinicians, as well as departments in other states.

Police Social Services & Your Kids

◆ Domestic Violence

- ▢ Orders of protection info (parents)
- ▢ Safety planning with parents

◆ Mental Health

- ▢ Helping people with their own conditions
- ▢ Helping family members
- ▢ Working with schools & other professionals
- ▢ Referring to outside counseling agencies
- ▢ Assisting with implementing new legislation
- ▢ Mobile CIT response- first responding to 911 calls with police
- ▢ Rapport building with kids-making them feel comfortable

◆ Schools & Police

- ▢ Working with SROs, teachers, principals
- ▢ Lockouts/runaways
- ▢ Meeting individually with kids in need (rare)
- ▢ Safety planning with families/parent
- ▢ Working with or reporting to DCFS
- ▢ Advocacy for students
- ▢ Giving parents info on needed next steps
- ▢ Follow-up after major incidents
- ▢ Station adjustments/juvenile justice

Police Social Services & Parents (YOU!)

◆ Youth Mental Health Issues

- Helping parents process & understand what their child is going through
 - ◆ Clinical explanation
 - ◆ Should I call 911?
 - ◆ Explanation of police response if called
 - ◆ Explanation of hospital process
 - ◆ Safety plan for mental health crises
- Explain the options & next steps
- Connect to other professionals (school)
- Resources, resources, resources!!!
- Refer to specific clinicians, if necessary (trauma, DV, sex assault)
- Refer parents to resources for their own support

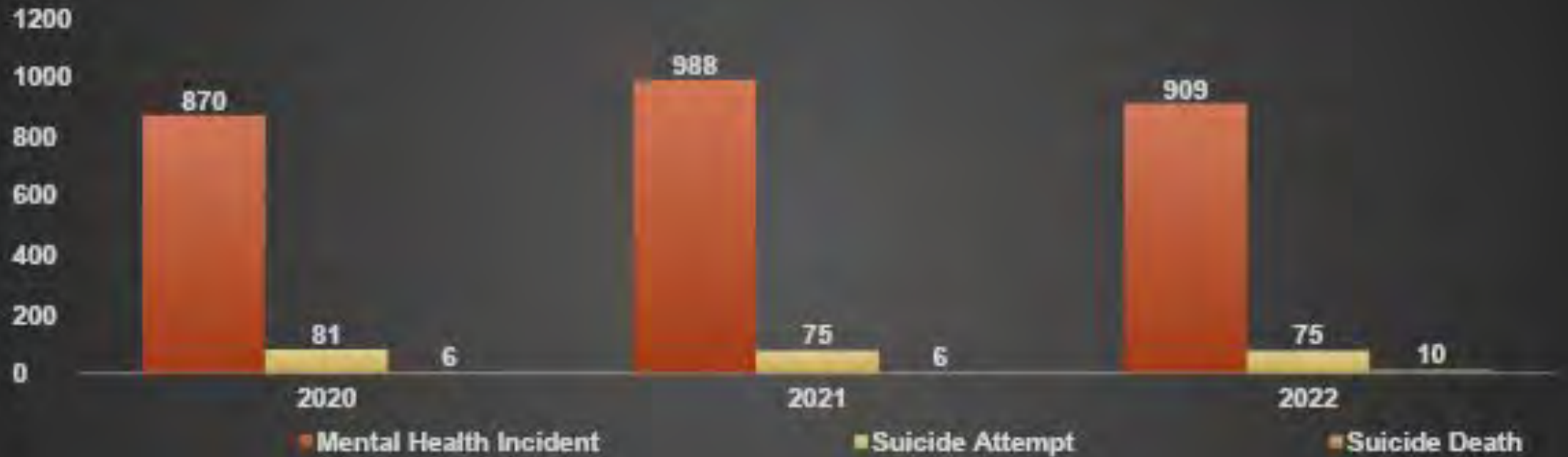
◆ Domestic Violence/Sex Assault

- Orders of protection info- parents must petition for any order protecting a minor (18 y/o MUST petition on their own)
- Safety planning with parents
- Explain what rights parents have vs. the victim

◆ Family Crises:

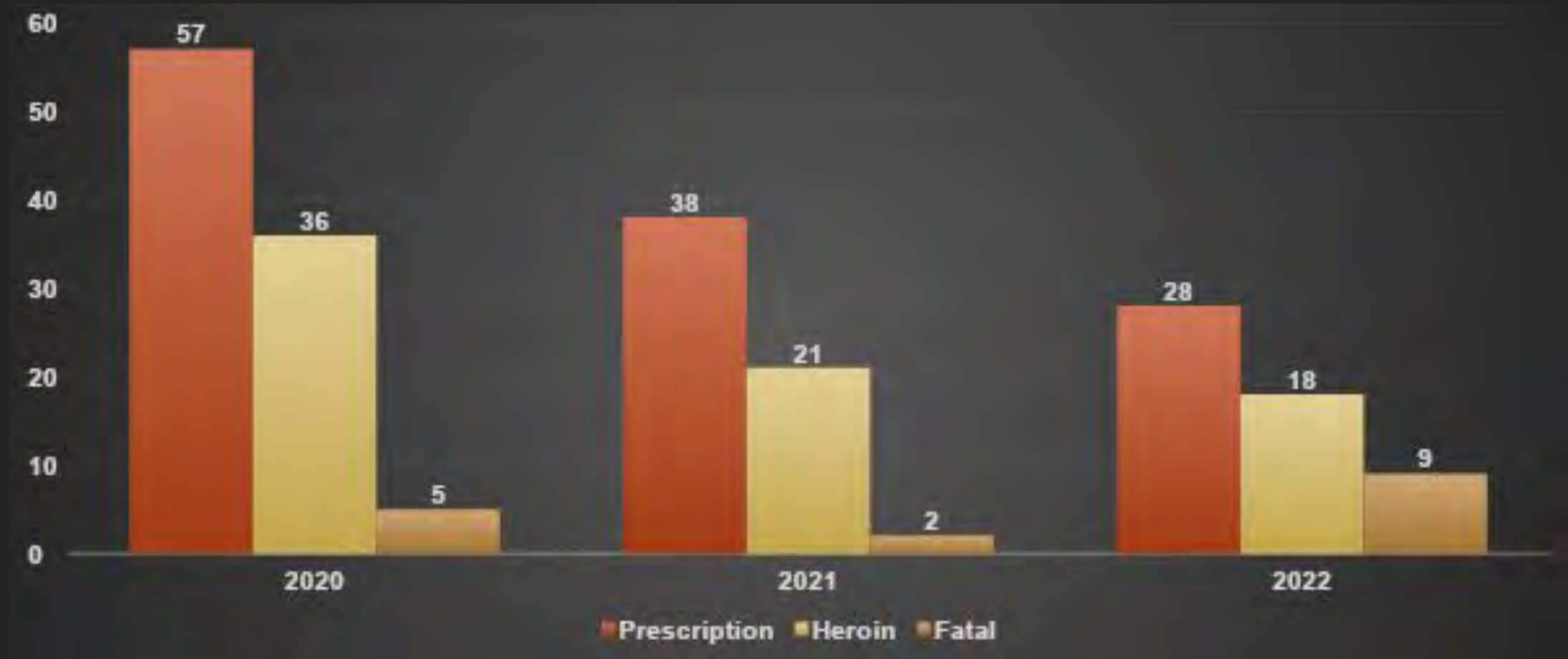
- Connect with families and offer support post-crisis, loss, fire, death, or traumatic event
 - ◆ Follow-up phone call
 - ◆ Connecting on-scene (Mobile CIT response)
 - ◆ Introduced via the school
- Provide on-going support or refer to outside resources to ensure needs are met

Calls for Service 2020-2022 Mental Health



Speaker note: Teen suicide data:
2019-2023

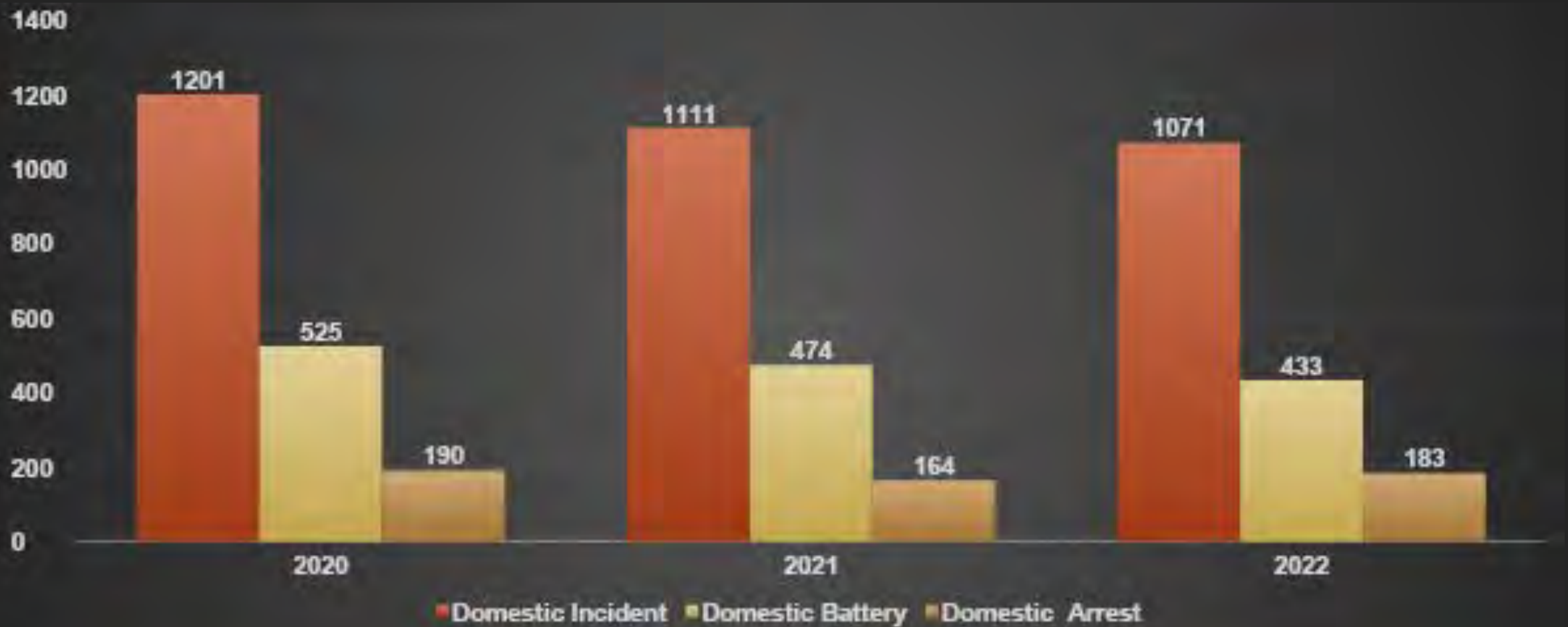
Calls for Service 2020-2022 Drug Overdose Data



Youth Overdose Data & Correlation to Suicide Attempt

	Overdose total	Notes:	
2020	13	6 suicide attempts	7 unknown reason
2021	10	8 suicide attempts	1 accidental, 1 'to get high'
2022	6	4 suicide attempts	2 unknown reason
2023	1	1 suicide attempt	

Calls for Service 2020-2022 Domestic Related



Mobile Crisis Intervention Team

Policy: “The mission of the Mobile Crisis Intervention Team is to provide improved public safety and service by pairing a Crisis Intervention Team certified officer with a licensed clinician during peak times of call volumes to respond to calls for service that may benefit from this program. MCIT strives to reduce the number of repeat calls requiring public safety resources by assessing the situation and providing appropriate resources and supportive services through immediate intervention and follow up supports.”

Scope and utilization: The primary responsibility of the Mobile Crisis Intervention Team is to respond to mental health calls for service to provide expedited supportive services to those individuals. MCIT may also be called upon to address other incidents, including, but not limited to:

1. Individuals in crisis.
2. Missing adults and children.
3. Substance use concerns.
4. Victims of domestic violence and other violent crimes.
5. Elderly concerns.
6. Any additional social service-related concerns for residents and visitors to Naperville.

<https://www.nctv17.org/news/social-workers-dispatched-to-assist-naper-ville-police-with-crisis-intervention/>

WHAT CAN YOU DO?

- ◆ Know which number to call
 - 9-1-1 for threats to life or property
 - Non-emergency number for delayed complaints, reports or all calls not involving immediate threat to life or property
- ◆ Remain calm, listen, answer all questions
- ◆ Verify your location
- ◆ What is happening?
 - Be specific, but brief
- ◆ Who is involved?
 - Descriptions head to toe, clothing, height, weight
 - Vehicles and direction of travel
- ◆ Are there weapons or insinuations of a weapon?
- ◆ Do not hang up when 9-1-1 is misdialed
- ◆ Teach your staff and plan



Domestic Violence Resources

Family Shelter Services of Metropolitan Family Services

Domestic Violence

<https://www.metrofamily.org/fssofmfsd/>

24 hour Support Hotline-
630.469.5650

DuPage County

Guardian Angels Groundwork

Domestic Violence

<http://www.gacsprograms.org/groundwork/>

24 hour Support Hotline-
815.729.1228

Will County

Mutual Ground

Domestic Violence

<https://www.mutualground.org/>

24 hour Support Hotline-
630.897.0080

Kane & Kendall County



Caring Hands

- The Caring Hands program allows residents to voluntarily provide Naperville's first responders with critical information about themselves or loved ones with developmental, cognitive, mental, medical and/or physical disabilities who may require special assistance during an emergency or non-emergency situation. Information provided could include methods of communication, sensory and medical issues as well as approach and de-escalation techniques.
- Once the information on the Caring Hands Participant Information Form has been verified, an alert will be put into Naperville's public safety database. That alert with all the pertinent information will pop up on the call-taker's screen any time a call for police, fire or emergency medical services is received related to the name, address or vehicle identification information listed on the form. This allows the appropriate first responders to receive the necessary information about the member of the household who may require special attention or care before they even arrive at the scene.

www.naperville.il.us/caringhands



FASTRACK

- ❖ The Naperville Police Department has combined "tried and true" radio technology with specially-trained response team members to build an effective, life-saving program to locate high risk persons who have a history of wandering. Called Fastrack, this program uses Care Trak International equipment and has proven itself to be reliable, responsive and practical.
- ❖ Clients who are part of the Fastrack Program wear a personalized transmitter on their wrist or ankle that emits a continual, silent tracking signal assigned just to them. When caregivers notify the Naperville Police Department that a client is missing, a search and rescue team responds and begins tracking the client with a hand-held, directional response system targeted at the client's specific frequency.
- ❖ Those who are eligible for the Fastrack Program are:
 - ① Naperville residents of any age
 - ② Individuals diagnosed with Alzheimer's Disease, Down Syndrome or Autism; or who are at risk of wandering with communication difficulties
 - ③ Individuals who have a full-time caregiver
- ❖ www.naperville.il.us/fastrack



Important 24/7 Crisis Numbers

- ◆ **Suicide Prevention Lifeline**

988

- ◆ **Crisis Text Line**

Text REACH to 741741

- ◆ **DuPage County Crisis Hotline**

630-627-1700

- ◆ **Will County Crisis Hotline**

815-722-3344

Additional Supportive Resources

Food Assistance:

Calvary Church Pantry 630-851-7000

Loaves and Fishes 630-355-3663

Green Harvest Food Pantry 630-416-1109

Meals on Wheels for Seniors; DuPage County 630-407-6500

Mental Health Support:

National Alliance for Mental Illness (NAMI) 630-752-0066

Financial Support:

DuPage County Human Services/LIHEAP 630-407-6500

Lisle Township 630-968-2087

Naperville CARES/Loaves and Fishes 630-355-3663

Naperville Township 630-355-2786

Homeless Services:

P.A.D.S. – DuPage County 630-682-3846

360 Youth Services (Ages 18-21) 630-717-9408

Daybreak (PADS) – Will County 815-774-4663

Hesed House (Aurora) 630-801-9780

Social Service Referrals

Eirene Boulougouris, LCPC, CDVP
Police Counselor
TEL: (630) 420-6174

Jamie Horner, LCSW, CADC, CDVP
Police Social Worker
TEL: (630) 420-4165

Ali Smith, MSW, LSW, CDVP
Police Social Worker
TEL: (630) 305-7061

Gianna Trombino, LCSW, CDVP
Victim Advocate
TEL: (630) 305-5488



Team Email:

NPDSocialServices@Naperville.il.us



Any
1.1
Questions

**DISTRICT
204**

MENTAL HEALTH
SYMPOSIUM



PRESENTED BY:



Thank you for attending!