

**DISTRICT
204**

MENTAL HEALTH
SYMPOSIUM



SATURDAY, MARCH 4

PRESENTED BY:



Parenting Matters

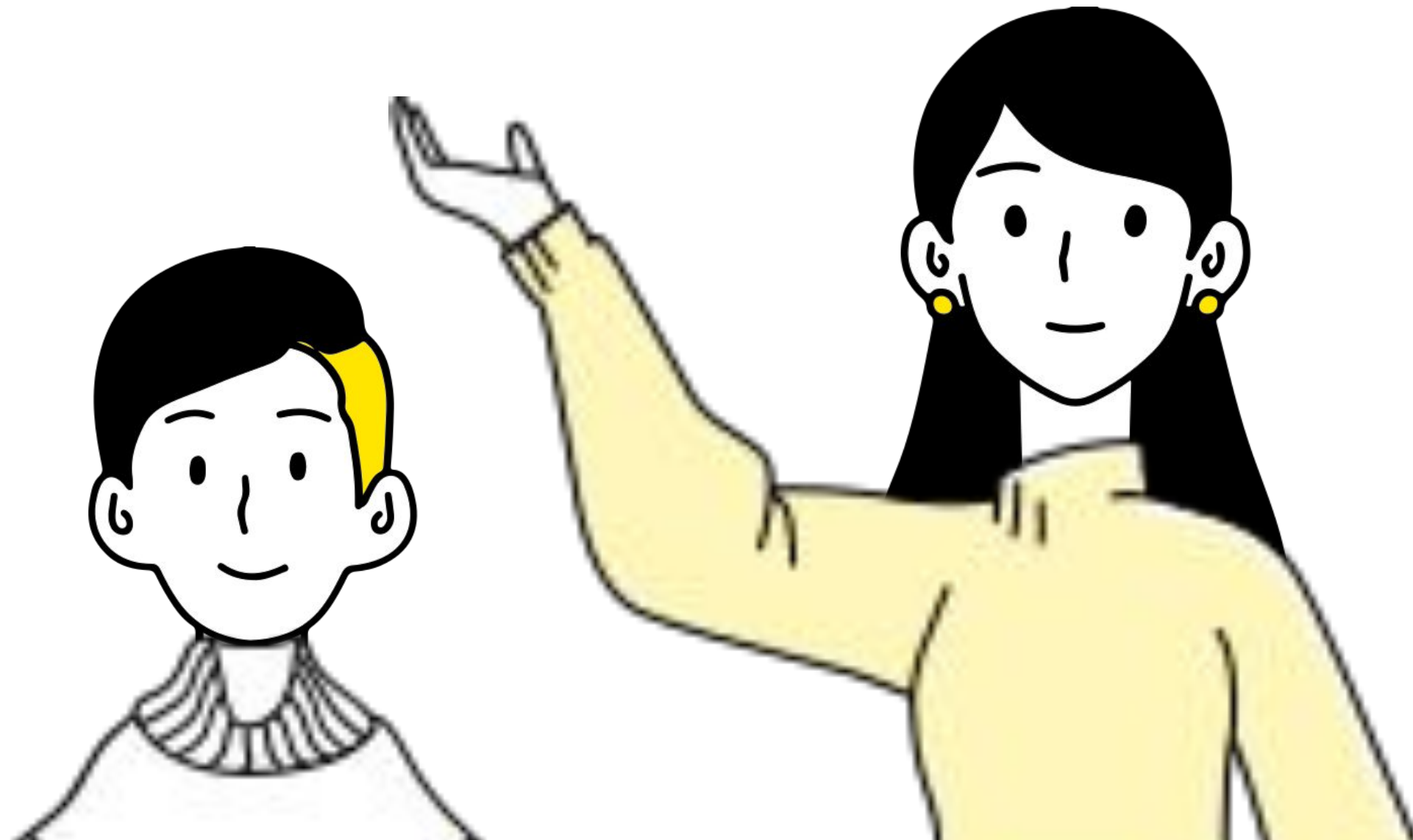
presented by

Katherine Layden
Strong Families YWCA



Parenting Matters

Presented by:
Katherine Layden
(she/her), MS, LPC,
NCC



Today's Agenda

1

Introduction to the Session

3

Let's Reflect

2

Parenting Behaviors that Matter!

4

Q&A

Let's get started!



Every Moment Counts



How do you teach your
child about emotions?

How do you express
emotions?

What do you
know about
'nurturing'?

How do you keep your
child safe while taking
good risks?





What are ways
you design and
guide your child?

How do you foster a
learning environment
for your child?

What does it look
like/what do they enjoy?

Do you have chores or
clean up songs you use?

Do you have a safe
space for your child to
explore, crawl, learn to
walk?

What are some
examples?



How do you respond to your child?

What response do you
think your child see's
you give the most,
happy, frustrated, tired?

Is it hard to follow your
child's lead when
playing or learning?

Is there time in your
day/week when you let
your child lead?

What does a
conversation sound
like?

How do you
communicate
with your child?



How do you learn to
read, comprehend?

Do you change your
voice or make faces
when reading?

What do you like to talk
about with them?

What do they tell you?

How has been learning
at home, even
e-learning?

Do you think your child
enjoys when you help
them to learn?

Do you enjoy it?

Do you have learning
goals?

How do you
support your
child's learning?





Thank you!



At the end of the day,
the most overwhelming
key to child's success is
the positive involvement
of the parents.

Jane D. Hull



**DISTRICT
204**

MENTAL HEALTH
SYMPOSIUM



PRESENTED BY:



Thank you for attending!